



# **Poulton & District 7 A-Side Primary League**

**Laws of the Game**

## Laws of the Game

1. Each match will comprise of two twenty minute periods of 7-a-side football, one game to follow the other.
2. Match balls shall be size 4 only.
3. Pitch Dimensions are as follows:

Length:	Max. 70m	Min. 60m
Width:	Max. 50m	Min. 40m
4. Goals areas should be 20m wide and 10m deep measured from the centre of the goal.
5. Goals must be safely fixed to the ground and be 6ft high and 12ft wide, with goal nets where possible.
6. The penalty spot shall be on the 10m line, directly opposite the centre of the goal.
7. All free kicks will be direct, and the opposing players must be no nearer than 5m to the ball. If a goalkeeper handles a back pass from one of his/her own players then the resulting free kick, although still direct, shall be taken from the point 5m outside the penalty area, directly in line with the original offence.
8. There will be no offsides in the game.
9. Goalkeepers must not handle any back pass from his/her own outfield players.